



PrEP QUICK REFERENCE

PrEP Medication Options and Indications

	TDF/FTC (Truvada®)	TAF/FTC (Descovy®)	CAB LAI (Apretude®)
Can be used with reduced renal function		X	X
Consider if concerns about bone mineral density		X	X
Consider if concerns about lipid profile	X		
Safe with gender-affirming hormones	X	X	X
Approved to prevent HIV infection related to IDU	X		
Approved to prevent HIV infection related to receptive vaginal sex	X		X
On-demand dosing (MSM only)	X		
Dose frequency	1 pill daily	1 pill daily	Gluteal IM injection every 2 months

How Long Until PrEP Works?

Tissue	Approximate Time to Maximum Protection With Oral PrEP (Days)	Approximate Time to Maximum Protection With CAB LAI PrEP (Days)
Rectal Tissue	7	7
Cervical Tissue	21	7

Prescribing Daily Oral PrEP

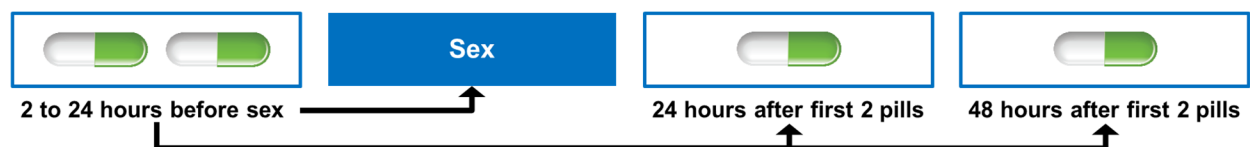
Pill Supply

- 1 fixed-dose combination tablet
- 90-day supply TDF/FTC **OR** TAF/FTC
- **Optional:** some clinicians prefer to give a 30-day supply at initiation to enable them to check on the patient sooner

Return for Follow-Up

Schedule follow-up visit for 30 or 90 days (depending on number of pills supplied)

On-Demand Dosing (2:1:1), for MSM





Lab Testing and Monitoring for Oral PrEP

Test/Screen	Initiation	Every 3 Months	Every 6 Months	Every 12 Months
HIV Assessment				
• Signs/Symptoms acute HIV infection	X	X	X	X
• Discuss whether continued need for PrEP; adherence, side effects, etc				
HIV Status				
• HIV-1/2 Ag/Ab test (lab preferred)	(HIV-1/2 Ag/Ab test only)	X	X	X
• HIV RNA assay				
Renal Status	TAF/FTC (Descovy) for reduced renal function			
• eCrCl >60 mL/min/1.73 m ² (TDF/FTC or TAF/FTC)				
• eCrCl >30 mL/min/1.73 m ² (TAF/FTC)	X		X ^a	X
If at baseline >50 yo OR eCrCl <90 mL/min/1.73 m ² (TDF/FTC or TAF/FTC) ^a				
STI Screen (for anal sex)^b	X	X	X	X
STI Screen (for vaginal insertive or receptive sex)^b	X		X	CT only
Lipid Screen (only for persons prescribed TAF/FTC)	X			X
Hepatitis Screens (HBV and HCV serologies; HAV serology for those having anal sex or if at risk)^{1,2}	X	X (if not done at initiation)		
Pregnancy Test (if of childbearing potential)²	X	X	X	X

^aIf at baseline >50 yo OR eCrCl <90 mL/min/1.73 m² test every 6 months (TDF/FTC or TAF/FTC); ^bsyphilis testing; gonorrhea and chlamydia NAATs (all potential exposure sites). CT, chlamydia trachomatis; eCrCl, estimated creatinine clearance; HAV, hepatitis A virus; HBV, hepatitis B virus; HCV, hepatitis C virus; NAAT, nucleic acid amplification test.

PrEP Access, Assistance, and Information

- **Patient and provider assistance:**
 - Information about PrEP, nPEP, insurance and insurance rights, finding a PrEP/nPEP provider, and a list of PrEP resources, by state
 - <https://pleaseprepme.org/>
- **Provider assistance: AETC; AIDS Education & Training Center Program: National Coordinating Resource Center**
 - Supports national HIV priorities by providing training, consultation, and resources
 - <https://aidsetc.org/>
- **Patient assistance (without insurance)**
 - The PrEP patient assistance program will provide medication at no cost for those who meet income guidelines
 - <https://www.gilead.com/purpose/medication-access/us-patient-access>
 - Uninsured 24/7 support online, by phone during business hours and fax enrollment: Gilead Advancing Access® <https://www.gileadadvancingaccess.com/financial-support/uninsured>
- **Co-pay assistance (for patients with nongovernment insurance)**
 - Gilead Advancing Access® <https://www.gileadadvancingaccess.com/copay-coupon-card>
 - Phone number: 1-800-226-2056
- **Co-pay assistance/out-of-pocket costs**
 - Viiv Connect <https://www.viivconnect.com/hcp/get-financial-support/>