

WHAT TO EXPECT WITH

LENACAPAVIR (Yeztugo®)

FOR HIV PREVENTION

PrEP Prevents HIV.



WHAT IS LENACAPAVIR AND IS IT RIGHT FOR ME?

Lenacapavir is a long-acting form of HIV preexposure prophylaxis (PrEP). PrEP prevents HIV.

Why patients choose lenacapavir:

- ✔ Only 2 injection visits per year
- ✔ No daily PrEP pills after starting treatment
- ✔ Provides long-lasting HIV protection when received on schedule
- ✔ May be a good option if taking a daily pill is difficult



2X Per Year

Before starting:

- You must have a negative HIV test
- Your provider will discuss your health history with you
- STI testing is recommended
- You and your provider will decide if injectable PrEP fits your needs

WHAT TO EXPECT

Getting started:

- » **Day 1:**
2 injections are given under the skin plus 2 oral tablets
- » **Day 2:**
2 oral tablets at home
- » After starter doses, no ongoing pills are needed



Ongoing injection visits, every 6 months:

- » Two injections are given under the skin in the abdomen or thigh
- » Visits are usually brief
- » Most people return to normal activities immediately



Common side effects:

- » A small bump or nodule under the skin
- » These bumps are part of how the medicine works
- » Nodules often become less noticeable over time
- » Do not massage the injection area

FOLLOW-UP AND MONITORING

At injection visits:

- » HIV testing is required before each injection
- » STI testing is usually completed at injection visits
- » Your doctor may schedule additional STI testing between visits



CALL YOUR CLINIC IF:

- » You develop flu-like symptoms
- » You think you were exposed to HIV
- » You have questions about side effects

MISSED VISITS AND SUPPORT

If you think you may miss an injection:

- » Contact your clinic as soon as possible
- » Do not wait until after your appointment date
- » Your provider can discuss options to maintain protection



STAYING ON SCHEDULE IS IMPORTANT!

Your doctor can connect you with support resources:

- » Appointment reminders
- » Text, phone, or portal messages
- » Insurance and medication assistance programs
- » PrEP education and support services



QUESTIONS TO ASK YOUR PROVIDER

- Is lenacapavir right for me?
- What should I expect at injection visits?
- What support programs are available?
- What testing will I need?
- What happens if I miss an appointment?

PrEP Works. Protect Yourself.



WHAT TO EXPECT WITH

CABOTEGRAVIR (Apretude®)

FOR HIV PREVENTION

PrEP PREVENTS HIV.



WHAT IS CABOTEGRAVIR AND IS IT RIGHT FOR ME?

Cabotegravir is a long-acting form of HIV preexposure prophylaxis (PrEP). PrEP helps prevent HIV before exposure happens.

Why patients choose cabotegravir:

- ✔ No daily PrEP pills are required
- ✔ Regular clinic visits support staying on track
- ✔ Provides highly effective HIV prevention when received on schedule
- ✔ May be a good option if daily pills are challenging



1X Every 2 Months

Before starting:

- You must have a negative HIV test
- Your provider will discuss your medical history with you
- STI testing is recommended
- You and your provider will decide whether injectable PrEP is right for you

WHAT TO EXPECT

Getting started:

- » First injection visit
- » Second injection visit 1 month later
- » Then injections every 2 months



Injection visits:

- » One injection given into the buttock muscle
- » Visits are usually brief
- » Most people return to normal activities immediately



Common side effects:

- » Injection site pain
- » Tenderness or soreness may last a few days
- » Symptoms often improve with future injections
- » A warm compress or over-the-counter pain medicine may help

FOLLOW-UP AND MONITORING



At injection visits:

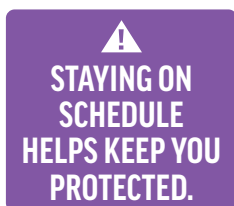
- » HIV testing is required before each injection
- » STI testing is usually completed at injection visits
- » Your provider will discuss side effects and ongoing HIV prevention needs



CALL YOUR CLINIC IF:

- » You develop flu-like symptoms
- » You think you were exposed to HIV
- » You have concerns about side effects

MISSED VISITS AND SUPPORT



If you may miss an injection:

- » Contact your clinic right away
- » Do not skip or delay appointments without a plan
- » Your provider can discuss temporary alternatives if needed



Your doctor can connect you with support resources:

- » Appointment reminders
- » Text, phone, or portal messages
- » Insurance and medication assistance programs
- » PrEP education and support services



QUESTIONS TO ASK YOUR PROVIDER

- Is cabotegravir right for me?
- How often will I need testing?
- What side effects are most common?
- What if I miss an injection?
- How can I stay on schedule?

PrEP Works. Protect Yourself.

