

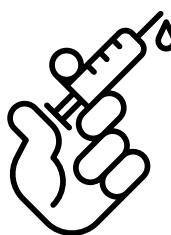
SAFETY FIRST!



**ONE PILL,
ONCE A DAY OR
A SHOT EVERY
2 OR 6 MONTHS!**



**DID YOU KNOW THAT AMONG
PEOPLE WHO INJECT DRUGS,
1 IN 42 MEN AND 1 IN 26
WOMEN WILL CONTRACT
HIV IN THEIR LIFETIME?**



**2ND
SHARING SYRINGES
IS THE 2ND RISKIEST
BEHAVIOR FOR
GETTING HIV!**

WHAT IS PrEP?

PrEP is a medicine you can take to prevent getting HIV. You could be at risk for getting HIV if you share needles, syringes, or works.

PrEP stands for PreExposure Prophylaxis. Prophylaxis (pro-fil-AX-sis) means to prevent the spread of disease, or protect your health.

- It's not just for people whose sex partners have HIV
- It's not just for gay men
- **1 in 5** new HIV diagnoses are among women
 - ~ **15%** of them get HIV from injection drug use
 - ~ **85%** get HIV from sex with a man

WHAT ARE MY PREP OPTIONS?

There are 4 different medicines that prevent HIV. Two are pills — **TRUVADA®** and **DESCOVY®** — and two are shots — **APRETUDE®** and **YEZTUGO®**.

If your health care provider prescribes a pill, you must take it every day. If you are getting the **APRETUDE®** shot, then you must go to the clinic every 2 months for another shot. If you are getting the **YEZTUGO®** shot, then you must go to the clinic every 6 months for another shot.

HOW SHOULD PrEP BE USED?

TRUVADA and DESCOVY

- **Take your PrEP pill every day**
- **See your health care provider every 3 months**
 - ~ You'll get lab tests to make sure you do not have HIV
 - ~ Then you'll get your next prescription

APRETUDE

- **See your health care provider every 2 months**
 - ~ You'll get lab tests to make sure you do not have HIV
 - ~ Then you'll get your next shot at the clinic

YEZTUGO

- **See your health care provider every 6 months**
 - ~ You may need lab tests every 3 months to make sure you do not have HIV
 - ~ You'll get your shots every 6 months at the clinic



**DRINKING ALCOHOL AND SWALLOWING, SMOKING, OR INHALING
DRUGS CAN INCREASE RISK FOR HIV. THESE SUBSTANCES CAN
ALTER YOUR JUDGMENT. THIS MAY LEAD YOU TO DO THINGS
THAT PUT YOU AT GREATER RISK FOR HIV.**

WHICH OPTION IS RIGHT FOR ME?



ALL **4** MEDICINES PROTECT YOU FROM GETTING HIV FROM SEX. STUDIES SHOW THAT IF YOU TAKE YOUR PILL OR GET YOUR SHOT EVERY TIME YOU'RE SUPPOSED TO, THEN PrEP CAN LOWER YOUR CHANCE OF GETTING HIV FROM SEX BY **99%!**

IS PrEP ALL I NEED?

PrEP is one important tool for protecting yourself from HIV. But nothing gives you 100% protection. While taking PrEP, you can lower your chance of getting HIV even more by:

- Using clean injection equipment if you inject drugs
- Not sharing needles or works
- Using condoms whenever you have sex
- Condoms can protect you from:
 - ~ HIV
 - ~ STIs (*sexually transmitted infections*) like syphilis, gonorrhea, and chlamydia
 - ~ Unplanned pregnancy

WHAT ELSE SHOULD I KNOW? SAFETY FIRST!

- Do not let anyone else take your PrEP pills
- Keep PrEP pills in the bottle; keep the bottle closed and away from children
- Take the PrEP pill every day or get the shot every 2 to 6 months, depending on the medication, to prevent HIV
- Match your medicine schedule to your life. Add taking your PrEP pill to things you already do each day, like brushing your teeth or eating a meal
- Use a calendar or your phone to remind you about your next PrEP shot or your appointment to see your health care provider

HELP PAYING FOR PrEP

PrEP IS COVERED BY MOST HEALTH INSURANCE PROGRAMS AND MEDICAID. UNDER THE AFFORDABLE CARE ACT, PrEP MUST BE FREE UNDER ALMOST ALL HEALTH INSURANCE PLANS. THAT MEANS **YOU CAN'T BE CHARGED FOR YOUR PrEP MEDICATION OR THE CLINIC VISITS AND LAB TESTS YOU NEED TO STAY ON PrEP.**

Some states offer help to pay for PrEP, clinic visits, or lab tests if you don't have insurance:

<https://nastad.org/prepcost-resources/prep-assistance-programs>

OTHER PROGRAMS TO CHECK OUT:

- **READY, SET, PREP!** (If you don't have insurance or Medicaid coverage)
<https://readysetprep.hiv.gov/> or call: 855-447-8410
- For **TRUVADA**®, **DESCOVY**®, and **YEZTUGO**® (If you don't have insurance)
Advancing Access Patient Assistance Program: <https://www.gileadadvancingaccess.com/financial-support/uninsured>
- For **TRUVADA**® and **DESCOVY**® (If you have non-government insurance)
Advancing Access: <https://www.gileadadvancingaccess.com/copay-coupon-card> or call: 1-877-505-6986
- For **APRETUDE**®
ViiV Connect: <https://www.viivconnect.com/patient/get-savings-information/apretude>