

HELPFUL COMMUNITY RESOURCES

Tacoma, WA

COMPREHENSIVE RESOURCES

PCAF

- ▶ **Scope of services:** Dedicated to assisting those living with HIV in a cost-effective way. Works to meet needs for food, housing, health care, and personal support
- ▶ **Address:** 3009 S 40th St, Tacoma, WA 98409
- ▶ **Phone:** 253-383-2565
- ▶ **Days/Times:** Monday – Friday 9:00 AM – 5:00 PM
- ▶ **Cost:** Varies
- ▶ **Website:** <https://www.pcaf-wa.org/>

Comprehensive Life Resources

- ▶ **Scope of services:** Nonprofit service agency assisting the community with behavioral health, primary care, and dental care services
- ▶ **Address:** 1305 Tacoma Ave S, #305, Tacoma, WA 98402
- ▶ **Phone:** 253-396-5800
- ▶ **Days/Times:** Monday – Friday 8:00 AM – 5:00 PM
- ▶ **Cost:** Varies
- ▶ **Website:** <https://www.comprehensiveliferesources.org/>

Pierce County Human Services

- ▶ **Scope of services:** Government agency serving the community with a wide variety of services
- ▶ **Address:** 3602 Pacific Ave, Tacoma, WA 98418
- ▶ **Phone:** 253-798-4400
- ▶ **Days/Times:** Monday – Friday 8:00 AM – 4:30 PM
- ▶ **Cost:** Varies
- ▶ **Website:** <https://www.piercecountywa.gov/97/Human-Services>

Catholic Community Services

- ▶ **Scope of services:** Nonprofit Catholic organization serving the community with a wide variety of services
- ▶ **Address:** 7050 S G St, Tacoma, WA 98408
- ▶ **Phone:** 253-383-3697
- ▶ **Days/Times:** Monday – Friday 9:00 AM – 5:00 PM
- ▶ **Cost:** Varies
- ▶ **Website:** <https://ccsww.org/>

Reach Ministries

- ▶ **Scope of services:** Nonprofit Christian organization serving families affected by HIV/AIDS through camps, retreats, activities, and support groups
- ▶ **Address:** 309 South G St, Ste 3, Tacoma, WA 98405
- ▶ **Phone:** 253-383-7616
- ▶ **Days/Times:** Monday – Friday 9:00 AM – 5:00 PM
- ▶ **Cost:** Varies
- ▶ **Website:** <https://reachministries.org/>

Washington State Department of Health

- ▶ **Scope of services:** State-run organization serving the community that provides HIV case management services and peer navigation
- ▶ **Address:** 111 Israel Rd SE, Turnwater, WA 98501
- ▶ **Phone:** 877-376-9316 (option 3)
- ▶ **Days/Times:** Monday – Friday 8:00 AM – 5:00 PM
- ▶ **Cost:** Varies
- ▶ **Website:** <https://doh.wa.gov/>

WORK PROGRAMS

Goodwill Milgard Work Opportunity Center

- ▶ **Scope of services:** Organization providing a wide variety of assistance resources for employment, education, and more
- ▶ **Address:** 714 S 27th St, Tacoma, WA 98409
- ▶ **Phone:** 253-573-6500
- ▶ **Days/Times:** Monday – Friday 8:00 AM – 5:00 PM
- ▶ **Cost:** Free
- ▶ **Website:** <https://goodwillwa.org/career-pathways/>

Workforce Central

- ▶ **Scope of services:** Group providing a wide variety of assistance resources for employment, education, and more
- ▶ **Address:** 3640 S Cedar St, Ste E, Tacoma, WA 98409
- ▶ **Phone:** 253-208-0869
- ▶ **Days/Times:** Call for hours
- ▶ **Cost:** Free
- ▶ **Website:** <https://workforce-central.org/>

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FOOD PANTRIES & SERVICES

St. Leo Food Connection

- ▶ **Scope of services:** Agency that has been fighting hunger in Pierce County since 1982
- ▶ **Address:** 1323 S Yakima Ave, Tacoma, WA 98405
- ▶ **Phone:** 253-383-5048
- ▶ **Days/Times:** Tuesday – Friday 11:30 AM – 3:30 PM
- ▶ **Cost:** Free
- ▶ **Website:** <https://foodconnection.org/>

My Sister's Pantry

- ▶ **Scope of services:** Agency providing hot meals, groceries, and clothing to neighbors in need
- ▶ **Address:** 621 Tacoma Ave S, Tacoma, WA 98402
- ▶ **Phone:** 253-627-1186
- ▶ **Days/Times:** First, third, and fourth Mondays of the month, from 3:00 PM - 5:00 PM
- ▶ **Cost:** Free
- ▶ **Website:** <https://mysisterspantry.org/>

Tacoma Rescue Mission

- ▶ **Scope of services:** Agency providing meals, shelter, job readiness, and recovery services for those experiencing homelessness
- ▶ **Address:** 425 S Tacoma Way, Tacoma, WA 98402
- ▶ **Phone:** 253-383-4493
- ▶ **Days/Times:** Daily 9:00 AM – 5:00 PM
- ▶ **Cost:** Varies
- ▶ **Website:** <https://www.trm.org/>

Family Housing Network

- ▶ **Scope of services:** Agency providing different types of housing, such as shelters, transitional, and permanent housing for homeless and low-income people throughout western Washington
- ▶ **Address:** 5050 S Tacoma Way, Tacoma, WA 98409
- ▶ **Phone:** 253-471-5340
- ▶ **Days/Times:** Daily 9:00 AM – 5:00 PM
- ▶ **Cost:** Must meet eligibility requirements based on program
- ▶ **Website:** <https://ccsww.org/get-help/shelter-homeless-services/family-housing-network/>

LEGAL AID SERVICES

Northwest Justice Project Tacoma Office

- ▶ **Scope of services:** Pro bono legal assistance for low-income clients in the community
- ▶ **Address:** 715 Tacoma Ave S, Tacoma, WA 98402
- ▶ **Phone:** 253-272-7879
- ▶ **Days/Times:** Monday - Friday 9:00 AM - 5:00 PM
- ▶ **Cost:** Free
- ▶ **Website:** <https://nwjustice.org/home>

Envision Family Law

- ▶ **Scope of services:** Law firm providing affordable legal aid to low-income people in the community
- ▶ **Address:** 1201 Pacific Ave, Ste 1503, Tacoma, WA 98402
- ▶ **Phone:** 253-201-8007
- ▶ **Days/Times:** Monday - Friday 8:00 AM - 5:00 PM
- ▶ **Cost:** Varies
- ▶ **Website:** <https://www.envisionfamilylaw.com/tacoma>

SUBSTANCE ABUSE & MENTAL HEALTH

Tacoma Recovery Center

- ▶ **Scope of services:** A safe place of healing, hope, and restoration. The cafe provides recovery coaches, classes, circle groups, employment, training, and resources, such as housing, bus passes, and lunch served daily, for members who are actively engaged
- ▶ **Address:** 1321 Martin Luther King Jr. Way, Tacoma, WA 98405
- ▶ **Phone:** 253-533-9361
- ▶ **Days/Times:** Tuesday - Friday 9:00 AM - 4:00 PM
- ▶ **Cost:** Varies based on eligibility
- ▶ **Website:** <https://www.tacomarecoverycenter.org/>

Sea Mar Community Health Centers

- ▶ **Scope of services:** State-licensed agency providing low-cost services to people struggling with mental health and substance use disorders
- ▶ **Address:** 2121 S 19th St, Tacoma, WA 98405
- ▶ **Phone:** 253-396-1634
- ▶ **Days/Times:** Monday - Friday 8:00 AM - 5:00 PM
- ▶ **Cost:** Low-cost services available
- ▶ **Website:** <https://www.seamar.org/pierce-bh-tacoma.html>

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TRANSPORTATION SERVICES

Around the Sound

- ▶ **Scope of services:** Agency providing affordable transportation for the community
- ▶ **Address:** Tacoma, WA
- ▶ **Phone:** 253-858-7088
- ▶ **Days/Times:** 24 hours daily
- ▶ **Cost:** Low-cost services available
- ▶ **Website:** <https://atstrans.org/>

TransDev

- ▶ **Scope of services:** Provides affordable transportation in the Tacoma area
- ▶ **Address:** 2310 104th St S, Lakewood, WA 98499
- ▶ **Phone:** 253-589-9080
- ▶ **Days/Times:** Varies
- ▶ **Cost:** Affordable rates
- ▶ **Website:** <https://transdevna.com/>

WOMEN'S SERVICES

Our Sisters' House

- ▶ **Scope of services:** Fills in a gap in services for Black and African American women and children who have been impacted and victimized by domestic violence
- ▶ **Address:** 708 Broadway, Tacoma, WA 98402
- ▶ **Phone:** 253-383-4275
- ▶ **Days/Times:** Monday - Friday 9:00 AM - 5:00 PM
- ▶ **Cost:** Eligibility requirements
- ▶ **Website:** <https://www.oursistershouse.com/>

KWA Domestic Violence Assistance

- ▶ **Scope of services:** Domestic violence shelter program that provides a safe, confidential space for families healing from domestic violence, located in Korean Women's Association Social Services
- ▶ **Address:** 123 96th St E, Tacoma, WA 98445
- ▶ **Phone:** 253-359-0470
- ▶ **Days/Times:** 24-hour hotline
- ▶ **Cost:** Eligibility requirements
- ▶ **Website:** <https://www.kwacares.org/our-services/domestic-violence-assistance/>

LGBTQI+ SERVICES

Rainbow Center

- ▶ **Scope of services:** LGBTQI+-friendly agency offering resources, a safe space, and a welcoming community
- ▶ **Address:** 2215 Pacific Ave, Tacoma, WA 98402
- ▶ **Phone:** 253-383-2318
- ▶ **Days/Times:** Monday - Friday 8:30 AM - 4:30 PM
- ▶ **Cost:** Varies
- ▶ **Website:** <https://www.rainbowcntr.org/>

PFLAG Tacoma

- ▶ **Scope of services:** Education and emotional support for families of LGBTQ and gender non-conforming people and their allies
- ▶ **Address:** 621 Tacoma Ave S, Tacoma, WA 98402
- ▶ **Phone:** 253-234-9790
- ▶ **Days/Times:** Varies
- ▶ **Cost:** Free
- ▶ **Website:** <http://www.pflagtacoma.org/>

HIV TREATMENT CENTERS

Community Health Care – Hilltop Adult Medical Clinic

- ▶ **Scope of services:** Center operating 6 medical and behavioral health clinics, 4 dental clinics, and 6 pharmacies throughout the county
- ▶ **Address:** 1202 Martin Luther King Jr., Tacoma, WA 98405
- ▶ **Phone:** 253-441-4742
- ▶ **Days/Times:** Monday – Friday 8:00 AM – 5:00 PM
- ▶ **Cost:** Varies
- ▶ **Website:** <https://www.commhealth.org/location/hilltop-medical-center/>

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