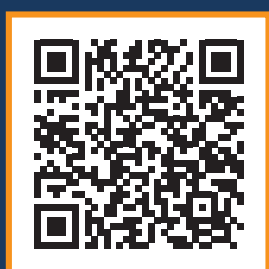


LIVING WITH HIV?

DON'T BE OVERWHELMED!

YOU ARE NOT ALONE IF YOU HAVE A HARD TIME MANAGING YOUR HIV!



SCAN THIS QR CODE TO VIEW FACTS AND ADVICE ABOUT GETTING BACK INTO CARE!

WHY IS IT IMPORTANT TO SEE YOUR HEALTHCARE PROVIDER AND TAKE YOUR MEDICATION? **BECAUSE...**



People who miss appointments are more likely to be at risk for HIV-related illness or death.



Patients in care and virally suppressed have less risk of other health conditions and remain healthier for longer.



U=U UNDETECTABLE = UNTRANSMITTABLE



If you take your HIV medication so that HIV becomes undetectable in your blood, it can't be passed to anyone you have sex with.

Life Expectancy in Years

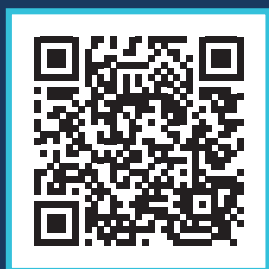


Patients in care and virally suppressed have a nearly normal life expectancy.

CALL A HEALTHCARE PROVIDER TO GET BACK INTO CARE TODAY!



There is help out there if you have a hard time getting enough food, are experiencing homelessness, or have trouble with drug or alcohol use.



SCAN THIS QR CODE TO VIEW RESOURCES AND HEALTHCARE PROVIDERS IN YOUR CITY!