

You Should Talk to Your Patient About PrEP if They:

- ✔ Are sexually active but don't always use a condom
- ✔ Had an STI in the past 6 months
- ✔ Have a partner unaware of their HIV status
- ✔ Have a partner who injects drugs
- ✔ Have a partner with HIV
- ✔ Inject drugs and have an injection partner who has HIV or share needles or other injection equipment
- ✔ Have been prescribed PEP and used PEP more than once or are still at risk of getting HIV

PrEP Options and Indications

Truvada® (tenofovir disoproxil fumarate [TDF]/emtricitabine [FTC])

PrEP

- » **1 pill, once a day**
- » Approved for any adolescent or adult at risk for acquiring HIV
- » Available as a generic

Descovy® (tenofovir alafenamide [TAF]/FTC)

PrEP

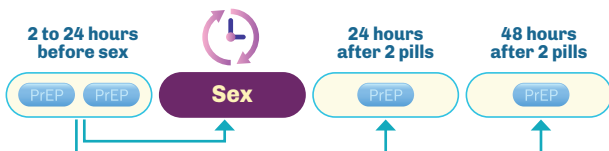
- » **1 pill, once a day**
- » Approved for men or male adolescents who have sex with men or for transgender women

Apretude® (cabotegravir [CAB])

- » **1 gluteal IM injection every 2 months**
- » Approved for use in anyone at risk of acquiring HIV through sex



On-Demand TDF/FTC Dosing (2:1:1), for MSM



Paying for PrEP, Lab Work, and Office Visits



PrEP is covered by most health insurance programs, Medicare, and Medicaid.

Under the Affordable Care Act, PrEP, including clinic visits and ongoing lab tests, must be completely covered by almost all health insurance plans. Some states have PrEP assistance programs too; in NYS it's called PrEP-AP.

There are additional programs to help cover the cost of PrEP:

Ready, Set, PrEP!

Provides free PrEP medication if the client:

- » Doesn't have health insurance coverage for prescription drugs
- » Has taken an HIV test and received a negative result
- » Has a prescription for PrEP
- » Lives in the United States, including tribal lands or territories
- » Coverage of clinic visits and lab tests may vary depending on income
- » <https://readyssetprep.hiv.gov/>
- » Or call: **855-447-8410**

FREE Truvada® and Descovy® (No insurance)

- » <https://www.gileadadvancingaccess.com/financial-support/uninsured>

Co-pay assistance for Truvada® and Descovy® (Non-government insurance)

- » <https://www.gileadadvancingaccess.com/copay-coupon-card>
- » Or call: **877-505-6986**

Assistance for Apretude® through ViiV Connect

- » <https://www.viivconnect.com/patient/get-savings-information/apretude>



A Clinician's Pocket Guide to Prescribing PrEP



Patient Eligibility for PrEP Includes Those Who...

- Have sex but don't always use a condom
- Have a substance use disorder
- Are pregnant or planning to conceive
- Are breast/chest feeding
- Have mental health disorders of any severity
- Experience intimate partner violence
- Have unstable housing or limited social support
- Have recently had an STI
- Have a partner living with HIV who has an undetectable viral load



PrEP Prescription Assessment and Evaluation

- Initiate a discussion of the client's sexual history and drug use history; identify behaviors that may place the client at greater risk for HIV and encourage safer drug injection (if applicable) and safer sex practices
- Individualize decision-making: make sure the client understands the purpose, benefits, and risks associated with PrEP
- Make clear that PrEP efficacy depends on consistently taking a pill daily or injections every other month, as well as the recommended lab work and follow-up care
- Refer for appropriate social and psychological support services as indicated

PrEP Considerations

	Truvada	Descovy	Apretude
Can be used with in patients with reduced renal function		✓	✓
Consider if concerns about bone mineral density		✓	✓
Consider if concerns about lipid profile	✓		
Safe with gender-affirming hormones	✓	✓	✓

How Long Until PrEP Works?

Tissue	Approximate Time to Maximum Protection With Oral PrEP (Days)	Approximate Time to Maximum Protection With CAB LAI PrEP (Days)
Rectal	7	7
Cervical	21	7

Prescribing Daily Oral PrEP

Pill Supply	Return for Follow-Up
<ul style="list-style-type: none"> » 1 fixed-dose combination tablet » 90-day supply of TDF/FTC OR TAF/FTC » Optional: some clinicians prefer to give a 30-day supply at initiation to enable them to check on the patient sooner 	<ul style="list-style-type: none"> » Schedule follow-up visit for 30 or 90 days (depending on number of pills supplied)

REFERENCES:

- Centers for Disease Control and Prevention. US Public Health Service. Preexposure Prophylaxis for the Prevention of HIV Infection in the United States—2021 Update. <https://www.cdc.gov/hiv/pdf/risk/prep/cdc-hiv-prep-guidelines-2021.pdf>.
 - Biello KB, et al. AIDS Care. 2019;31(10):1214-1220.
 - New York State Department of Health AIDS Institute. Clinical guidelines program. <https://www.hivguidelines.org/home/guideline-slides-and-pocket-guides/>.
- Ag/Ab, antigen/antibody; CAB, cabotegravir; FTC, emtricitabine; IM, intramuscular; LAI, long-acting injectable; MSM, men who have sex with men; PEP, post-exposure prophylaxis; PrEP, preexposure prophylaxis; STI, sexually transmitted infection; TAF, tenofovir alafenamide; TDF, tenofovir disoproxil fumarate.



Initial Lab Work and Required Monitoring

Test	Truvada & Descovy Oral PrEP	Apretude LAI
HIV Status » HIV test(s) ^a » Signs/symptoms of acute HIV infection » Counsel about continuing PrEP, adherence, side effects, etc	At start and every 3 months	At start, at 1 month, then every 2 months
Renal status	At start and every 12 months	
STI screening (syphilis, gonorrhea, chlamydia) 3-site testing for MSM	At start and every 3 to 6 months	At start and every 2 to 6 months
Lipid screen (cholesterol/triglycerides)	Descovy only; at start and every 12 months	
Hepatitis B and C virus screens	At start	

^aHIV Ag/Ab tests with reflex combination preferred. HIV RNA may be helpful if there is a recent high-risk exposure.