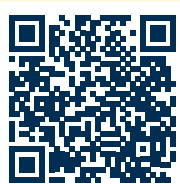


HOW CAN I PAY FOR MY HIV MEDICINE AND REGULAR LAB WORK?



Scan this QR code to view resources in your area to help you get HIV medication or other types of support.

MEDICAL INSURANCE

Your medical insurance can help cover the cost of your medication, office visits, and lab work. Coverage will vary based on your deductible, copays, and type of insurance plan.

MEDICARE AND MEDICAID

Medicare plans cover all HIV medications. Although Medicaid eligibility and coverage is not the same in every state, your doctor's office can help you figure out if you can enroll in Medicaid and what the program will cover.

<https://www.healthcare.gov/lower-costs/>

RYAN WHITE HIV/AIDS PROGRAM

The Ryan White HIV/AIDS Program can help cover HIV medication and office visit costs for people who need financial assistance.

<https://locator.hiv.gov/>

This includes the AIDS Drug Assistance Program to help cover the cost of medicine.

<https://adap.directory/>

PATIENT ASSISTANCE PROGRAMS

Pharmaceutical companies offer medications at low or no cost to patients who need help affording their medicine.

<https://www.hiv.gov/hiv-basics/staying-in-hiv-care/hiv-treatment/paying-for-hiv-care-and-treatment/assistance>

There may be other programs that can help cover the cost of office visits, lab work, and your HIV medicine.

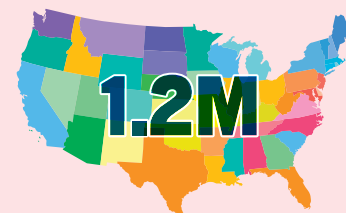
MAKE SURE YOU TALK TO YOUR DOCTOR'S OFFICE!

DEALING WITH A NEW HIV DIAGNOSIS?

HERE'S WHAT YOU NEED TO KNOW... YOU CAN STILL LIVE A NORMAL LIFE!

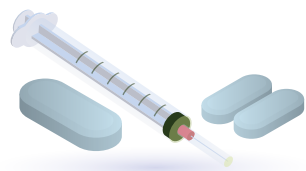
YOU'RE NOT ALONE.

Around **1.2 million** people in the US have HIV. People of any gender, sexual orientation, race or ethnicity, or age can get HIV.



The good news is that, although you'll have HIV for the rest of your life, there are a lot of different medicines that can help control your HIV. That way, you can still live a long, healthy life. **People with HIV can live just as long as people without it.**

WHAT ARE MY MEDICATION OPTIONS?



There are many different medications you can take to help control your HIV. There are pill options where you take 1 or 2 pills once a day. Or you could get a shot at your doctor's office, either once a month or every 2 months.



You can start taking pills for HIV as soon as you are diagnosed! You will need to have blood drawn for lab work when you start, but you don't even need to wait for your doctor to get results before starting your medicine.



Everyone will need to have the levels of HIV in their blood checked every few months. If you are taking a pill for your HIV, you will need to see your doctor a few of times a year. If you are getting a shot instead of a daily pill, you will have to go to your doctor's office every 1 or 2 months.

WHEN CAN I START TAKING HIV MEDICINE?

HOW OFTEN WILL I HAVE TO SEE MY DOCTOR?

HELP! I DON'T WANT TO GIVE HIV TO ANYONE.

U = U

UNDETECTABLE = UNTRANSMITTABLE

IT'S OK!

HIV **CANNOT** be spread through contact with objects, by insect bites, or by casual contact. As long as you take your HIV medicine the way you are supposed to, the level of HIV in your blood (viral load) will drop so it is undetectable, meaning it can't be seen on viral load test.

Once this happens and your viral load remains undetectable on medicines for at least 6 months, **you cannot give (transmit) HIV to any sexual partner, even if you don't use a condom.** This does not protect you against other STIs, so it's important to still use a condom with new sexual partners for that reason.

TALK TO YOUR DOCTOR ABOUT HIV MEDICATION AND HOW TO CONTROL YOUR HIV TODAY!

